

**2<sup>ND</sup> SUNDAY OF LENT.**

**28<sup>th</sup> FEBUARY 2021**

## **THE TRANSFIGURATION**

In today's Gospel we hear how Jesus went up a mountain with three of His disciples, Peter, James and John so they can be alone by themselves.

Then something happened, they saw a change over Jesus, His clothes became shiny white. Then they saw two men from the Bible Moses and Elijah, who had gone to Heaven a long time ago. They started talking to Jesus about what will happen in Jerusalem, Just then a cloud came down and covered them, they were afraid, a voice from the cloud said,

'This is my son, listen to Him'. Then when they looked around they saw only Jesus.

When they came down the mountain Jesus said to the disciples to tell no one, until after He had risen from

**the dead. The disciples were talking between each other what 'risen from the dead' may mean.**

### **GOSPEL REFLECTION**

As we listen to the Gospel, how Jesus was Transfigured, which means 'to be changed' we focus on the season of lent. God's voice that was heard by the disciples then, 'THIS IS MY SON, LISTEN TO HIM' are also for all of us today.

How can we transfigure our lives, that means change to be better people, by being more loving and caring to all the people around us. And to come close to Jesus and listen to His words from the Bible.

How can we learn from Jesus and His disciples how to ask for and invite God's light and love into our lives, then too, we can share God's light with others.

### **FAMILY PRAYER:**

Dear God, help us to be just like your son Jesus. Help us always to keep trying to be good even when it is hard, and help us to treat others the way we want to be treated. Amen.

COLOURING PAGE

*This is my beloved Son*

*Listen*

*to him*

