



CatholicCare



CatholicCare Parish  
Program

625 Cabramatta Rd  
Cabramatta West 2166  
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[www.catholiccare.org](http://www.catholiccare.org)

# Parenting Support Group

This is an 8 week parenting support program which aims to provide education and support in parenting children up to 12 years of age.

## Topics include:

- Discipline Strategies
- Parenting Support
- Stress Management
- Routines and more
- Special guest speakers

## Important Details

**When:** 10am –11am

Wednesdays: 20<sup>th</sup> October to 8<sup>th</sup>  
December 2021 (8 weeks)

**Where:** Zoom online link

<https://catholiccare.zoom.us/j/94600423509?pwd=Tk9pWnJPWGxTMONWKzBDeWo3aUpQdz09>

Meeting ID: 946 0042 3509

Passcode: 211370

To register your interest or for more information, please contact Juliette Kirkwood on 0409 987 296 or email [juliette.kirkwood@catholiccare.org](mailto:juliette.kirkwood@catholiccare.org)

This program can be accessed by all families living in the Fairfield and Liverpool LGA who have children 0-12 years.